

Dungannon Doings

November 2025



6 months already! Can you believe that November marks 6 months since the launch of the MacKay Centre Dungannon? While programming did not start until the end of May, programs have been moving full speed ahead ever since. In October we had a visit from our advisor from the Ministry of Seniors and Accessibility. He was very positive and enthusiastic about our progress at the Centre and with the potential of the space and future opportunities we can work towards in the coming months.

Remembrance Day (November 11th) the MacKay Centre Dungannon will be closed. We have sponsored a wreath for the Lucknow Legion Ceremony. I strongly encourage you to take time on the 11th to attend a local Remembrance Day ceremony.

I will be attending this year's Older Adult Centres' Association of Ontario, Aging Well Conference in Mississauga at the beginning of November. I look forward to sharing what I have learned with you all upon my return.

As we move through November, the risk of the dreaded snow making an appearance returns. Hopefully near the end of the month (& not before). For the safety of all, we will be following the Brookside Public School buses announcements. If the buses are canceled, then the MacKay Centre Dungannon will also be closed. If in doubt, give the Centre a call and check the message.

December is hot on November's heels. Be sure to check out the last page of this edition, before the calendar, to make sure you do not miss any registration deadlines for programs happening the first week of December.

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**Check out our website and follow us on
Facebook**

www.mackaycentreforseniors.com

Facebook Page

MacKay Centre - Dungannon

Dungannon Doings

Let's Keep Moving!

Tai Chi continues to meet during the month of November. Tai Chi is open to anyone who wants to try the class. It runs Thursday mornings 10-11am and is \$2.00 per class. Tania teaches Sun Flow Tai Chi which is an easy movement exercise that helps build strength and flexibility. After participating in a couple of the classes, I can best describe it as standing Yoga.



Thursday Luncheons — Come join us for lunch!

November has 2 Thursday lunches. All lunches include a main, side, coffee, tea, juice and dessert. Please register by noon the Friday prior to the lunch date. **Cost for Members is \$15.00 per person and non—members are \$20.00 per person.**



November 13th - Soup, cabbage roll casserole, Rye Bread & Butter, Apple Crisp.

This lunch also feature a presentation from the Huron County OPP on scams and fraud prevention/identification. A minimum of 20 participants is required. Please call ahead to reave your seat

November 27th - Soup, Tater-tot casserole, Meat loaf, Green Beans, & Chocolate Cherry Cake.



Would you be able to Help?

We are looking for volunteers who can help for in the Kitchen for 1-2 hours a month during our luncheons. If this is something you would be able to help with please reach out to Logan with your availability.

Soup Season is Here!

Do you find you get sick of a pot of homemade soup before you can finish it? I have a solution, come to the MacKay Centre Dungannon Thursday November 6th 1:30-2:30pm. Bring a pot of your favorite cooled home made soup, your single portion food storage containers and a Toonie. Each participant will leave with a single portion of each participants soup. Please **RSVP by Tuesday November 4th at noon** and Logan will call you on the 4th with the number of participants joining.



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Social Fridays

Friday see the bulk of the social group gatherings.

Men's Coffee and Chat - meets every Friday 10-11am by Donation

Ladies Stitch, Chat & Coffee/Tea - Fridays 10-11am by Donation

Euchre - continues Friday afternoons at 1pm with a new winning prize of a free MacKay lunch voucher. Cost is \$2.00 per player

Photography Group will be meeting Friday Nov 14th at 11am, This group discusses photography techniques, tips and past trips and photos.

Horticulture Group will be meeting on Friday Nov 21 at 11am. The group is meeting to work on a plan for the 2026 growing season opportunities.

History Group will be meeting on Friday Nov 28 at 11am. Bring a piece of history, whether it is the history of an area or a treasured artifact to share with the group. Share some stories from long ago in the heart of Dungannon.



Ukulele Groups



We Continue our partnership with the Huron Alzheimer's Society and the Dungannon Youth Group to be able to bring Ukulele lessons and programming to Dungannon. This opportunity has been made possible by us being able to zoom in as a collective group.

BUGs (Beginner Ukulele Group) - This Group will be meeting on the 13th, 10-11am for the final class of the year. Not to worry though, if you have enjoyed learning the basics, you now have the skills to move to the Golden Uke Group.

Golden Ukulele Group - This group is intended for but not limited to, those who have a basic understanding of the Ukulele. This group runs on Tuesday mornings from 10-11:30. We will not be participating Tuesday November 11th as the Centre will be closed for Remembrance Day.

Foot Care Clinic



Renee will be at the MacKay Dungannon **Thursday November 6th**, 9am-12pm. Call/text or email Renee to book an appointment.

226-880-1064 or renee@county-widefootcare.com. \$35.00 per visit.

Renee can help with your foot care needs.

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Art Corner

Hailey from ***No Judgment Art*** will be in Dungannon three Tuesdays in November. This month she is doing a series of different water colour paintings. Each class is \$15.00 per person and requires registration by the Friday prior to the class. **All of the Classes are from 10am—noon.**



November 4th - Theme: Remembrance day field of poppies painting. Register by Oct 31st

November 18th - Theme: Fall Leaves, negative space painting. Register by Nov 14th

November 25th - Theme: Water colour cardinal family Christmas Cards, Register by Nov 21st

How Competitive Are You?

Build your team of up to 4 people for Tuesday November **25th at 1 PM**. Each team will be given a 300 piece puzzle and 2 hours to complete it. The first team to finish fitting all the pieces will be declared the winner! The winning team will get bragging rights until next puzzle competition day. If you have puzzle aids you prefer to use please bring them with you. Please RSVP your team by November 21st.



Deck the Halls

Join Logan on **November 18th 1-4pm** to "deck the halls." If you have not had a chance yet to see how much Christmas can be tactfully crammed into this small space you will be truly amazed. From decorating the front of the building, putting up trees or covering every shelf ledge and nook in décor, any help is greatly appreciated. Bring your Christmas spirit and sparkle!

Christmas Cookies in a Jar

These shelf stable jars make the perfect Christmas gift for friend, neighbors or loved ones. They will last up to 6 month in a pantry. The receiver will have instructions on how to add the liquid ingredients and baking instructions. We will be making 3 different recipes/jar each. **Thursday November 27th 1:30-3 pm, \$30.00. Join us as we assemble this yummy and unique Christmas gift idea.**



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Essential Oil Workshop With Dungannon Local Kim Graham

Come learn how to and what to use different essential oils for. Each participant will make 1 roller ball or room spray to take home as part of the workshop.

**Thursday
November 20th
1-3pm**



**\$10.00 per person for the workshop
including 1 take home DIY
\$5.00 per additional take home DIY**

**Please RSVP by Tuesday November 18th
519-529-3189 or email dccmackay@hurontel.on.ca**

Dungannon Doings

Community Events Happening in Dungannon

BINGO!

The Dungannon Youth Group is hosting BINGO at the Dungannon Community Centre (The building that the MacKay Centre — Dungannon operates out of) November 28th at 7:00pm.

Bring a prize/win a prize (typically something around the \$2-5.00 mark), Snacks and drinks available for purchase. Small admission fee to play. All proceeds go to the Dungannon Youth Group for future programming and community projects.

BINGO				
4	18	37	59	51
34	68	12	63	8
28	54	FREE	26	15
43	72	46	25	40
57	74	3	61	37

Mark your Calender for December

Christmas In The County Market

Located at both the Dungannon Community Centre and the Dungannon Ag Hall on December 6th 9am-2pm admission by donation.

Are you a vendor or would you like to give it a try? There are still some tables available, \$15.00 per table. Contact the Dungannon Ag Society about booking a space dungannonagsociety@gmail.com.



Christmas in the Park

December 6th at 7pm the Dungannon Community Alliance is hosting Christmas in the park on main street by the mailboxes. The activities include, Tree lighting, Hot Chocolate and Caroling. Join us for a fun & festive evening.

Looking for a way to volunteer?

The Dungannon Senior Citizen's O/A Dungannon Community Centre is looking for community members interested in joining the board of directors to start in 2026. The board of directors uses a consultation method for decision making. If you think this is something that may be of interest to you, please reach out to Logan for more information.



Dungannon Doings

Mackay December Program Alerts

Christmas Wreath making workshop

Join Logan for a Christmas wreath workshop to add a little homemade Christmas spirit to your front door. Tuesday December 2nd 10am—12pm. \$25.00 per participant. **Please RSVP by Friday November 28th**

The Final design will be determined by store availability.



Casserole Exchange

Much like our November soup exchange, the Casserole exchange will be on December 2nd. Each participant will bring their favorite 9x13 Casserole. Participants are to also bring containers and will leave with a portion of each of the casseroles. **Please RSVP by November 28th**

Afternoon of Yule

Join Logan and Jane for an afternoon of Yule. You will leave with 2 yule logs. Jane will lead you through the history of the yule log and making a decorative log out of foraged natural materials. Logan will lead you through the well known yule log of today, made out of cake and frosted. Thursday December 4th 1-3pm. \$40.00 per person. **Please RSVP by November 28th.**



Time to dig out those Christmas Cookie Cutters!

Stop by for an afternoon of Christmas cookie exchanging and holiday mocktails. Wednesday December 10th 1-3pm \$5.00 per participant. **Please RSVP by December 4th.**

Christmas Centre Piece Arrangements

Stay Tuned for more information on Pentland Farms returning to make Christmas Centre pieces.

Dungannon Doings

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 10-11am Golden Uke 10am-12pm Art With Hailey	5	6 9am-12pm Foot Care Clinic 10-11am Tai Chi 1:30-2:30pm Soup Exchange	7 10am Men's Group 10am Ladies Stitch & Chat 1pm Euchre
10	11 Remembrance Day Centre Closed 	12	13 10-11am BUGS 10-11am Tai Chi 12pm Lunch 1pm OPP Presentation	14 10am Men's Group 10am Ladies Stitch & Chat 11am Photography 1pm Euchre
17	18 10-11am Golden Uke 10am-12pm Art With Hailey 1-4pm Deck the Halls	19	20 10-11am Tai Chi 1-3pm Essential Oil Workshop	21 10am Men's Group 10am Ladies Stitch & Chat 11am Horticulture 1pm Euchre
24	25 10-11am Golden Uke 10am-12pm Art With Hailey 1-3pm Puzzle Competition	26	27 10-11am Tai Chi 12pm Lunch 1:30-3:00pm Christmas Cookies in a Jar Workshop	28 10am Men's Group 10am Ladies Stitch & Chat 11am History Group 1pm Euchre