Dungannon Doings



December 2026

Merry Christmas and Happy Holidays!

I would like to give a warm seasons greetings to everyone apart of the MacKay centre. To our volunteers, instructors, staff and members who make all our programming opportunities across all of our locations a possibility; I would like to pass a warm felt thank you. I hope that everyone is able to spend some time with Friends and family this Holiday season.

The last day for the Dungannon location to be open and running programming in 2026 is Friday December 18th returning Monday January 4th. During this time emails and phone messages will be checked occasionally. The MacKay will be offering a Lucknow Christmas Special at the Lucknow Legion Wednesday December 30th stay tuned for more details in the coming weeks.

The Dungannon Location will also be closed Thursday December 4th as I will be away and Friday December 5th for the setup of the Christmas in the Country Market.

Winter closure policy; We are going to be following highway 21 between Dunlop and Amberley. If part or all of that section of the highway is closed the Dungannon location will be closed, and any Lucknow programming will be cancelled. We will also post on local radio stations cancelation pages.

~Logan

MacKay Centre - Dungannon
78 Albert St, Dungannon N0M 1R0
519-529-3189
dccmackay@hurontel.on.ca
Program Assistant - Logan Curran

Check out our website or follow us on Facebook
www.mackaycentreforseniors.com
Facebook page
MacKay Centre - Dungannon

Funding provided by
Ontario

Dungannon Doings

Lunch is Ready

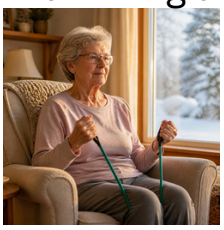
Our only Lunch in December is our Christmas lunch which will be served at 12pm. This lunch is $10.00 per person. This lunch rate has been made possible thanks to the sponsorship of Compass Minerals.



December 10th - This will be a traditional turkey dinner with all the fixings. Please register by Friday December 4th.

Move and Groove!

DROM - Mondays 1-2pm. $2.00 per participant. DROM is a combination of Drumming and meditation.



Tuesday Afternoon Fitness 1:00-2:00pm the first half is seated yoga and the second half seated workout routine. This routine will be low impact that will help build flexibility and strength. $2.00 per person.

Thursday Morning Tai Chi, 10-11am. We practice Sun Flow Tai Chi; I best describe this as easy movement standing yoga. We follow videos from Dr. Adam Pots. Each class is $2.00 per person.

No Judgment Art with Hailey

We have art 3 times in December with Hailey. We need to know if you are planning to attend the Friday prior to the class. Each class is $15.00 for members and $20.00 for non-members.

December 1 - Water colour flowers. Please RSVP by Friday **November 27.**

December 8 - Water colour Christmas special**. Please RSVP by Friday December 4.**

December 15 - Water colour Christmas special. **Please RSVP by Friday December 11.**

December 1 **December 8** **December 15**



Dungannon Doings

Learn to play the Ukulele & keep the brain sharp!



All Ukulele sessions are open to anyone and are provided in partnership with the Huron Perth Alzheimer Society and the Dungannon Youth Group. This class is provided through Zoom. All of these classes are Free and anyone is welcome; please let us know if you are coming so we can prepare the space.

Golden UKE—is geared towards, but not limited to, those who have the basics of playing the ukulele. It runs on Tuesday mornings from 10-11:30am.

Christmas Cookie Series



Join us for two Mondays in a row to make Christmas Cookies. Everyone will work together making the cookies and then you will leave with 1 Dozen of the cookies. Each week is $5.00 per person. Please bring your own container to take your cookies home in.

December 7 Shortbread cookies. Please register by Tuesday December 1st.

December 14 Triple chocolate and candy cane. Please Register by Friday December 11th.

Social Fridays

Fridays are built on casual conversation and entertainment. These offerings happen every Friday and are open for everyone to participate. Come once or weekly.



Men's Coffee and Chat - Friday 10-11am by Donation

Ladies Chat & Coffee/Tea - Fridays 10-11am by Donation

Euchre - Friday afternoons starting at 1pm with the prize being a MacKay lunch voucher. Cost is $2.00 per player. If you have never played, or have not played Euchre in many years, this is the group for you.

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Foot Care!

Rachel Benoit, RPN is bringing her footcare services to Dungannon Friday December 11th , this is the last opportunity before Christmas. Appointments are required and are made through Rachel directly at 226-341-2895 or email rachel@healthystepsfootcare.ca



Afternoon of yule

Join Logan and Jane for an afternoon of Yule. You will leave with 2 yule logs. Jane will lead you through the history of the yule log and making a decretive log out of foraged natural materials. Logan will lead you though the well know yule log of today made out of cake. Thursday December 17th 12:00pm. $40.00 per person. **Please RSVP by December 11th**.

As a part of this workshop we will be serving a light lunch of soup and grilled cheese at noon for no additional charge.

Friday Zoom - Victorian Christmas

Join us Friday December 18th at 11am for a Zoom presentation with Sined Cox from the Huron County Museum. We will be learning about Victorian Christmas in Huron County: Modernity & Tradition in Changing Customs. You can join us from home or the presentation will be projected at the Dungannon location. This is a free presenation and everyone is welcome to join. If you are going to join from home please let us know ahead of time so that we can send you the link so that you can access the presentation.



Just a friendly reminder that the MacKay Centre for Seniors is a Registered Cherity #BN 11924 3525 R0001. A formal tax receipt will be issued for any donations over $20.00. Any and all donations are greatly appreaciated.

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Community Events Happening in the community







Lucknow Doings

Programming in Lucknow

We are in Lucknow three times in December: Wednesday December 2nd, 16th and 30th. The 2nd and 16th are at the Lucknow Arena and the 30th will be at the Lucknow Legion

DROM - 10:00 - 11:00am - 2nd and 16th

The morning will start at 10am with DROM, a combination of Meditation and Drumming; drop in $2.00 per person.

Lunch & Cards - 11:30am 2nd and 16th

A soup and sandwich lunch will be served on the 2nd and a lasagna lunch will be served on the 16th at 11:30am with Euchre starting at 12:30pm.

Pre registration required for Lunches by the Friday prior.

Call 519-529-3189 or email dccmackay@hurontel.on.ca. $12.00 per person.

December 30th - Christmas Special

The Christmas Special will be held at the Legion in Lucknow. Please stay tuned in the coming weeks for details.

Dungannon Doings

December 2026

78 Albert St, Dungannon, ON - 519-529-3189 - dccmackay@hurontel.on.ca

Monday	Tuesday	Wedensday	Thursday	Friday
	1 10am - 12 Art with Hailey 10am Golden UKE 1 - 2pm Afternoon Fitness	2 **Programming in Lucknow** 10-11 DROM 11:30 Lunch 12:30 Euchre	3 **Dungannon Centre Closed**	4 **Centre Closed for Christmas in the Country Market setup**
7 10am -12 pm Christmas Cookies 1-2 pm DROM	8 10am - 12 Art with Hailey 10am Golden UKE 1 - 2pm Afternoon Fitness	9	10 10am Tai Chi 12pm Christmas Lunch	11 **Foot care** 10am Men's Coffee & Chat 10amLadies Coffee & Chat 1pm Euchre
14 10am -12 pm Christmas Cookies 1-2 pm DROM	15 10am - 12 Art with Hailey 10am Golden UKE 1 - 2pm Afternoon Fitness	16 **Programming in Lucknow** 10-11 DROM 11:30 Lunch 12:30 Euchre	17 10am Tai Chi 12:30pm Afternoon of Yule	18 10am Men's & Ladies Coffee & Chat 11am Friday Zoom 1pm Euchre
21	22	23	24 **Christmas Eve**	25 **Christmas Day**
Dungannon Centre Closed				
28	29	30 **Programming in Lucknow Christmas Special**	31 **New Years Eve**	1 **New Years Day**
Dungannon Centre Closed				