

# **MIGHTY** *meals*

**Learn, Cook, and Enjoy!**

**Wednesdays, Nov 5 - 26**

**Mighty Meals: 9:30AM - 10AM**

**EarlyON Program: 10AM - 11:30AM**



 **Location**

**Mckay Centre**

78 Albert St, Dungannon

 **Registration Required**

 **Scan the QR code to register**

or

 **Call us at (519) 271-5290**

